

(TO WHAT EXTENT) CAN REGISTRY DATA BE USED AS A RARE DISEASE DATA RESOURCE?

Jonathan Broomfield

✉ jb781@le.ac.uk

X [@JonnyBroomfield](https://twitter.com/JonnyBroomfield)

RARE DISEASE RESEARCH

- Rare disease datasets are scarce...
- ...small...
- ...and heterogeneous

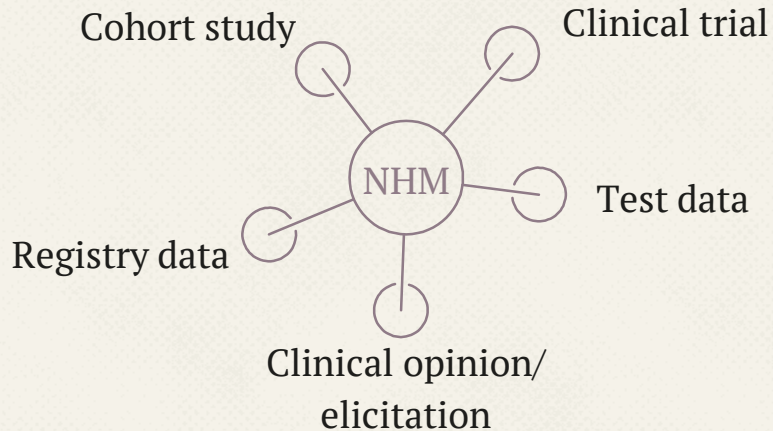
- Natural history models (NHMs) require data over the lifetime of people with a disease

RARE DISEASE RESEARCH

- How can we appropriately combine all available evidence into a rare disease NHM?

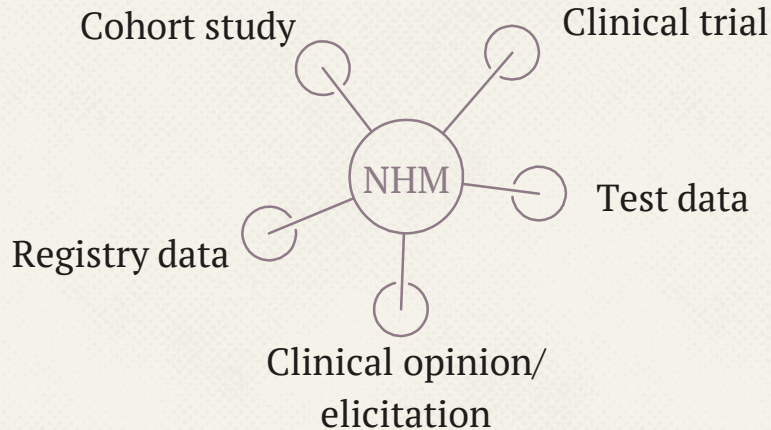
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RESEARCH ARTICLE

Statistics
in Medicine
WILEY

Modeling the multi-state natural history of rare diseases with heterogeneous individual patient data: A simulation study

Jonathan Broomfield¹ | Keith R. Abrams^{2,3} | Suzanne Freeman¹ | Nicholas Latimer⁴ | Mark J. Rutherford⁵ | Michael J. Crowther⁶ | On behalf of Project HERCULES, the Cooperative International Neuromuscular Research Group investigators and Duchenne Regulatory Science Consortium members

¹Biostatistics Research Group, Department of Population Health Sciences, University of Leicester, Leicester, UK
²Department of Statistics, University of Warwick, Coventry, UK
³Centre for Health Economics, University of York, York, UK
⁴School of Health and Related Research (SHARR), University of Sheffield, Sheffield, UK
⁵Red Door Analytics, Stockholm, Sweden

Correspondence
Jonathan Broomfield, Biostatistics Research Group, Department of Population Health Sciences, University of Leicester, Leicester, UK.
Email: j.b21@le.ac.uk

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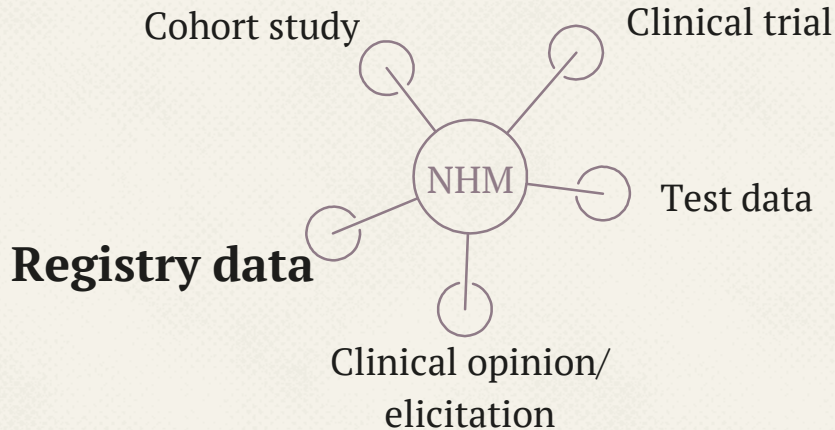
Multi-state survival models are used to represent the natural history of a disease, forming the basis of a health technology assessment comparing a novel treatment to current practice. Constructing such models for rare diseases is problematic, since evidence sources are typically much sparser and more heterogeneous. This simulation study investigated different one-stage and two-stage approaches to meta-analyzing individual patient data (IPD) in a multi-state survival setting when the number and size of studies being meta-analyzed are small. The objective was to assess methods of different complexity to see when they are accurate, when they are inaccurate and when they struggle to converge due to the sparsity of data. Biologically plausible multi-state IPD were simulated from study- and transition-specific hazard functions. One-stage frailty and two-stage stratified models were estimated, and compared to a base case model that did not account for study heterogeneity. Convergence and the bias/coverage of population-level transition probabilities is, and lengths of stay in, each state were used to assess model performance. A real-world application to Duchenne Muscular Dystrophy, a neuromuscular rare disease, was conducted, and a software demonstration is provided. Models not accounting for study heterogeneity were consistently outperformed by two-stage models. Frailty models struggled to converge, particularly in scenarios of low heterogeneity, and predictions from models that did converge were also subject to bias. Stratified models may be better suited to meta-analyzing disparate sources of IPD in rare disease natural history/economic modeling, as they converge more consistently and produce less biased predictions of lengths of stay.

KEYWORDS
multi-state model, natural history, rare diseases, simulation, survival analysis

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⁵Rod Deer Analytics, Stockholm, Sweden

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Clinical Practice Research Datalink

- *UK-based electronic health record*
- *GP data that can be linked to HES, ONS...*

A CASE STUDY IN DUCHENNE MUSCULAR DYSTROPHY (DMD)

Rare, muscle-wasting disease

Global prevalence of 1 in 3,500 live male births [2]



Currently there is no cure for DMD

Steroid use
Spinal surgery
Ventilation
Cardiomyopathy
Mortality

EXTRACTING EVENTS OF INTEREST



Steroid use

- Defined product code lists for oral corticosteroids
- Took first steroid use as event of interest



Cardiomyopathy

- Defined medical code lists for cardiomyopathy
- Inspected ONS cause of death records in secondary analysis



Spinal surgery

- Identified using HES records with OPCS codes V22*-V70*
- Age taken as midpoint of HES episode



Mortality

- Taken from ONS records, or CPRD records if missing from ONS
- Latest follow-up time from CPRD/HES used as censoring time

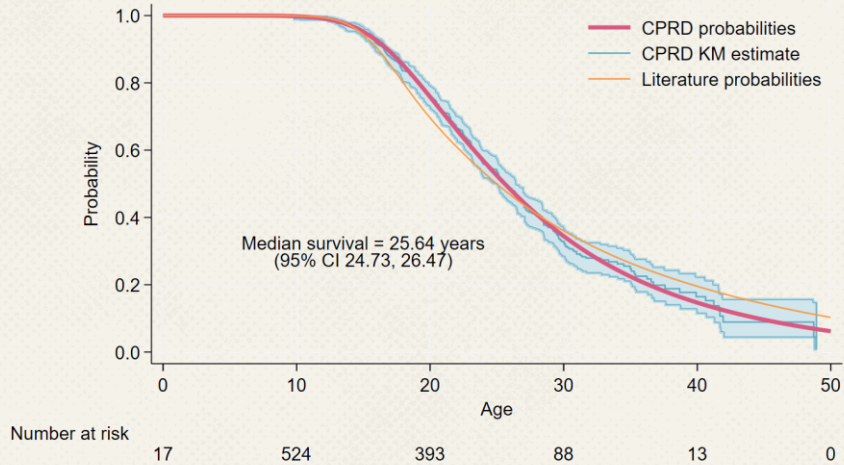


Ventilation

- Identified using HES records with OPCS codes E85*
- Age taken as midpoint of HES episode

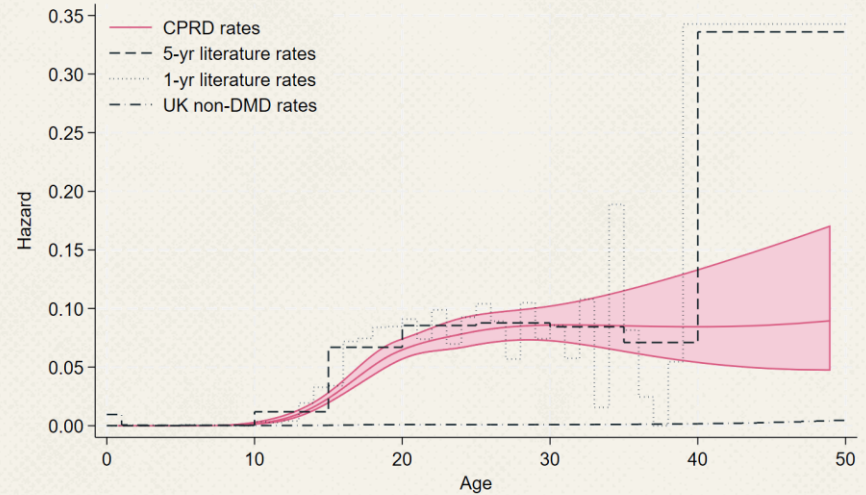
MORTALITY

[3]



KM plot of survival in the CPRD cohort with overlain predictions from a flexible parametric model, left-truncated at practice registration dates, and estimates from a review of international studies [4].

[3]



Mortality rates in the CPRD cohort from a flexible parametric model, left-truncated at practice registration dates, overlain with estimates from a review of international studies [4] and from the UK general population.

INTERMEDIATE EVENTS

Summary statistics of ages at clinical milestones of DMD.

[3]

| Milestone | # events (%) | Median (95% CI) | Mean (95% CI) |
|----------------------|---------------|-------------------------|-------------------------|
| First corticosteroid | 479 (46.7) | 6.06 (5.77, 6.29) | 6.34 (6.11, 6.56) |
| Spinal surgery | 155 (15.0) | 14.79 (14.29, 15.09) | 14.68 (14.34, 15.01) |
| Ventilation | 286 (27.1) | 16.97 (16.50, 18.31) | 18.12 (17.38, 18.87) |
| Cardiomyopathy | 133 (12.5) | 15.26 (14.22, 16.70) | 15.17 (14.08, 16.27) |

DISCUSSION

• **Validity**

We do not observe patients across their lifetimes

• **Generalisability**

Is the CPRD representative of all UK patients?

• **Reproducibility**

Can we update the model over time?

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1. Broomfield J, Abrams K, Freeman S, Latimer M, Rutherford M, Crowther M. (2024) Modelling the multi-state natural history of rare diseases with heterogeneous individual patient data: a simulation study. *Statistics in Medicine*, **43**(1), 184-200.
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